
Player code of conduct

- **Play by the rules** and within the spirit of the game.
- **Do not argue with the match official.** If you disagree, have your captain or coach approach the match official during a break in play or after the match is concluded. Swearing is an automatic **RED CARD**
- **Players will be responsible for any fines they received.** The MRSC will not be responsible for any Red- Card fines incurred by individual players.
- **Control your temper.** Verbal abuse of officials or other players, deliberately distracting or provoking another person is not acceptable or permitted in any sport.
- **Maintain your focus and work hard** for yourself and your team.
- **Be a good sport** and be prepared to acknowledge good play whether it is from your team or the opposition.
- **Treat all players as you would like to be treated.** Do not interfere with, bully or take unfair advantage of another player.
- **Cooperate with your coach, team mates and opponents.** Without them, there would be no competition.
- **Play for your own enjoyment,** and not just to please parents and coaches.
- **Remove all jewellery** prior to training and match play, as it is a hazard to you and those around you.
- **Do not smoke or consume alcohol** near the team bench (technical area) or sideline while at away games.
- **Do not accept or use any banned or unauthorised drug(s)** at any time.
- **Swearing** will not be tolerated at any time whether at training, during a game or at any time being involved with MRSC. Heavy penalties may apply.